

Taking Refuge

Resources and readings

Taking refuge has many levels of meaning and commitment -- from taking it for the first time as a commitment to the Buddhist path, to taking it with Dza Kilung Rinpoche and his lineage for the first time, to renewing one's vows. There are many resources available about the profound meaning and commitment of taking Refuge.

General readings

<https://www.lionsroar.com/the-decision-to-become-a-buddhist/>

<https://www.tarabrach.com/taking-refuge-in-the-buddha/>

Readings in the Longchen Nyingtik Lineage

Essential Instruction on Refuge and Bodhichitta, by Patrul Rinpoche

<https://www.lotsawahouse.org/tibetan-masters/patrul-rinpoche/essential-instruction-refuge-bodhichitta>

Rigpa wiki

https://www.rigpawiki.org/index.php?title=Taking_Refuge

The Words of My Perfect Teacher – book by Patrul Rinpoche

For detailed information on the Longchen Nyingtik lineage and its masters, Tulku Thondup's book *Masters of Meditation and Miracles* is an excellent resource.